



The Toby Center

Preserving Family Ties When Parents Choose to Separate™



*Founded in 2000 as the Children's Rights Council of Connecticut
Serving South Florida families since 2010
www.thetobycenter.org*

Individual and Family Therapy

Working Together to Achieve Your Goals

Individual and Family Therapy are two forms of clinical assistance to help individuals, couples, parents and children to examine their feelings, and to recognize how they may like their lives to be different. The process is designed for each client, each family to meet their needs, both those that are apparent, conscious ones and those that may not be readily apparent to the client.

The role is that together, the therapist and the client, whether individual, couple, or parent and child, can more easily and comfortably identify their unique challenges, and seek ways to a more contented state of being.

Importantly, therapy is a process that is led by a licensed clinical therapist as clinical social worker (LCSW), clinical psychologist (PsyD), and Mental Health Counselor (MHC) who are trained and experienced in working with age appropriate, matrimonial, divorce and parenting matters.

Goals for each person, each client family, and each child, may be different and will be based on the needs of the client, or relevant court orders and/or case managers recommendations. It may further helpful for the therapist to review documents and background information to most expeditiously examine the challenges, and achieve the desired objectives for each client.

The Toby Center accepts the research which conclude that children fare best when the family may remain intact, happy and satisfied. That is our first concern, to help the family explore the means to this state of wellbeing. It is your therapist who will guide you, and may make recommendations to improve your communication, parenting skills, interpersonal relations, dating, and adjustment to marital change.

When child estrangement or parental alienation is thought to be present, then Child Reunification Therapy will be most appropriate.

Currently, the Toby Center provides for all private pay fees to be on a sliding scale as follows:

Sliding Fee Schedule for Individual and Family Therapy

Income	Fee Per Hourly Session
Gross Annual Income	Rate
above \$ 70,000	\$150 / hour
\$ 60,000 - \$ 69,000	\$ 125 / hour
\$ 50,000 – \$ 59,000	\$ 110 / hour
\$ 30,000 – \$ 49,999	\$ 100 / hour
Less than \$ 30,000	\$ 95 / hour

Intake Fees - An intake is required for each party prior to scheduling therapy. There is an Intake fee of \$150 per each party for those earning \$70,000 or more, and \$125 per party for those earning less than \$70,000. These intakes are required procedure to help us understand your history, your goals and to learn if there had been prior therapeutic treatment.

You are welcome to inquire if there is any scholarship funding available.

The Toby Center offers clinical and visitation services at more than a dozen convenient locations in more than twelve counties in Florida and Connecticut.

Ask us about Family Mediation, Parenting Planning, and Visitation Services

For more information, contact the Toby Center, tel. 855-862-9236, ext. 1, or email clberko@thetobycenter.org

For information and resources, please visit www.thetobycenter.org.