



The Toby Center
Preserving Family Ties When Parents Choose to Separate™



Individual and Family Therapy Fees and Client Policies

Effective September 15, 2026

Individual and family therapy helps adults, parents, children, couples, and family members understand concerns, identify goals, strengthen communication, and develop healthier ways of responding to change and conflict.

Services are provided by an appropriately licensed or supervised clinical professional. Treatment goals and participants are determined through clinical assessment, informed consent, and, when applicable, the requirements of a Court order or agency referral.

Individual and Family Therapy Session Fees

Gross annual household income	60-minute session rate
Above \$100,000	\$150 per session
\$75,000 to \$99,999	\$140 per session
\$60,000 to \$74,999	\$130 per session
\$45,000 to \$59,999	\$120 per session
\$30,000 to \$44,999	\$110 per session
Below \$30,000	\$100 per session
Court-approved indigent status	\$95 per session

Standard rate without income documentation: \$150 per 60-minute session

Visits Involving Multiple Children

The hourly visitation rate includes up to two children from the same family. An additional Family Monitor may be required for three or more children, or when the children's ages, individual needs, location, court order, or safety considerations require additional supervision. The responsible parties will be informed before the visit is scheduled.

Additional Family Monitor: \$80 per hour

Intake and Registration

Fee	Amount
One-time intake and registration for each participating parent, guardian or child	\$125 per participant (parent, guardian, child)

The session fee applies to each scheduled 60-minute clinical session. Therapeutic records requests must be directed to the therapist/monitor who may require payment terms in advance. Contact The Toby Center for additional reports as payment history for fee charges.

Court appearances must be subpoenaed directly to the therapist/monitor who will discuss any requisite charge for appearances.

No checks or cash or onsite payment permitted; all payments must be online.

Payment and Therapy Policies

Qualifying for a Reduced Session Rate

- **Eligibility documentation.** A client requesting a reduced session rate must provide the income statement and supporting documentation requested by The Toby Center. Documentation may be required to be notarized. The intake fee is the same for every client or participating family unit.
- **Household income and family size.** The Toby Center considers gross household income and may consider family size or unusual financial hardship when setting an approved recurring rate.
- **Annual review.** A reduced rate may be reviewed annually or sooner if financial circumstances materially change.
- **Hardship review.** A client who cannot afford the assigned recurring rate may request a confidential review. A request does not automatically change the fee.

Payment and Scheduling

- **Advance payment.** Payment must be made through the online Client Payment Portal before a service is confirmed. Each payer must enter the rate approved by The Toby Center.
- **Responsibility for payment.** The Court order or written agreement should identify the responsible party or the percentage assigned to each party. When responsibility is unclear, the parties must contact The Toby Center before scheduling.
- **Shared payments.** When fees are divided, each party must pay the assigned share before the service. One party's nonpayment may prevent confirmation.
- **Intake payment arrangement.** A client who cannot pay the complete intake fee at one time may request approval of a payment arrangement before intake begins.

Therapy Participation

- **Treatment planning.** The therapist and client identify appropriate goals, participants, and session frequency through the clinical process.
- **Family sessions.** The therapist determines who should attend a family session based on treatment goals, consent, safety, and professional judgment.
- **Privacy.** Clinical information is handled according to applicable confidentiality requirements and the limits explained during intake.

Cancellations and Missed Appointments

- **At least 24 hours' notice.** A cancellation must be received at least 24 hours before the scheduled starting time to avoid the scheduled service charge.
- **Late cancellation or no-show.** A cancellation received less than 24 hours before the service, or failure to appear, may be charged at the full scheduled amount because professional time was reserved.
- **Repeated cancellations.** Three cancellations or missed appointments may result in suspension or closure of services and notice to the Court or referring professionals, as permitted or required.
- **Documented emergencies.** The Toby Center may review a documented emergency individually. Any waiver or credit is determined by the agency and is not automatic.

Questions and Assistance

Questions about an approved rate, payment responsibility, or scheduling should be directed to The Toby Center before payment or booking.